villages, by means of which instruction should be given to the mothers on the laws of health.

Sir Henry Seton-Karr seconded the vote of thanks.

The Duke of Argyll responded on behalf of the Princess, after which the company dispersed, and adjourned to the Board Room for tea, kindly provided by the Hospital Authorities. B. K.

Incidentally our representative asked a medical officer if the hospital provided gauze aseptic dressings for out-patient children operated on for removal of tonsils and adenoids. He replied in the negative, saying, "It was not necessary," and looked "severely" at the questioner.

Here we have a beautiful, spacious, and sanitary building provided for the use of the sick poor. No doubt the best of surgery for operating upon them is also to hand—and yet why take risks where the personal care and safety of the children is concerned? Our representative alludes to the omission as "the fly in the ointment." Rather would it not be more scientific to fear the bacteria in the fauces? We hope that the necessary precaution of providing sterilised gauze masks for children operated upon in the Out-patient Department of the Paddington Green Children's Hospital will be insisted upon by out-patient surgeons without delay.

## NURSES' MISSIONARY LEAGUE.

At the Lecture, on Wednesday, November 15th, the chair was taken by the Rev. J. Anderson Robertson, M.B., C.M., who spoke on the divine nature of Christianity as shown first in the fact that never, as in other religions, is it possible to find a Christian who is better than his faith or nearly as good as it; and secondly, in its uplifting of womanhood and of the home.

in its uplifting of womanhood and of the home. The Rev. H. P. Cronshaw then spoke on the subject: "Belief and Doubt—what are they? Do they make any difference?" He described belief and doubt as quite natural instincts; belief the perception of and desire for something greater than oneself, for the infinite; doubt the consciousness of limitations, of the finite. He then spoke of *Christian* belief, showing how it is really a very simple thing, the belief that all the problems of the world and of ourselves are solved in the Person of Jesus Christ. It is not a doctrine nor an apologetic, but a Person, and Christian belief means giving up one's thought and feeling and will to the influence of His Spirit.

#### RESIGNATION.

Miss C. M. Chadwick, who joined the Army Nursing Service in 1886, and has just resigned the Matronship of the Military Hospital at Hounslow and retired from the Military Nursing Service, has held many appointments at home and abroad. During the South African War she acted as Superintendent of the hospital ship *Princess of Wales*, in which she made three voyages, and travelled up country in an armoured train. She holds the Orders of the Royal Red Cross and of St. John of Jerusalem, the Queen's and the King's South African medals, a badge presented by Queen Alexandra for service on the hospital ship, and the Coronation medal recently given by the King. She is succeeded by Miss E. C. Humphreys, trained at the London Hespital.

## REFLECTIONS

#### FROM A BOARD ROOM MIRROR.

The governors of Westminster Hospital have applied £2,000 out of the receipts for seats to view the Coronation procession to form an endowment of two beds to be named respectively "King George's Bed" and "Queen Mary's Bed."

Lord Strathcona, who is president of the British Home and Hospital for Incurables, Streatham, has sent a donation of £2,000 towards the building of the "Queen Alexandra Wing," which is to be erected to celebrate the jubilee of the institution, which was founded for the relief of the incurable sufferers of the middle class.

# SANDOW'S HEALTH AND STRENGTH COCOA.

A new cocoa, which is just now being widely tested and appreciated, is Sandow's Health and Strength Cocoa. After a prolonged trial we are able to say that this cocoa has a clean and delicate flavour, the comparatively small percentage of fat which it contains makes it a true beverage, and it is so finely ground that, when properly made, little or no sediment remains, proving that it is very soluble, and therefore digestible. Analysis shows that it is particularly rich in cocoa extractives and albuminoids, and is therefore of nutritive value. It is also economical in use, as from half a teaspoonful to a heaped-up teaspoonful makes a breakfastcup of cocoa. When made for the most part with milk, and served with whipped cream it is delicious.

We can cordially recommend this cocoa to the attention of our readers. It could with advantage be substituted for some of the many odd cups of tea which nurses are in the habit of consuming in the course of the day. It would also be specially suitable for regular use in Maternity Hospitals and Homes where cocoa usually forms part of the daily diet of the patients, as its freedom from cocoa fat renders it an excellent beverage for those who are debarred from taking exercise and at the same time need a nourishing diet.



